



Headwaters, Inc.

Empowering Lives

Volume 6, Issue 3

www.headwatersinc.org

July Aug Sept 2016

Headwaters Headlines

Director's Notes

In a previous newsletter article, I mentioned that Headwaters is one of four organizations in the state working on a pilot project with funding from the WI Board for People with Developmental Disabilities. The project is called Building Full Lives in the Community, and it's helping organizations like Headwaters learn how to blend small group community based day services with community employment for the people we serve. Doing this will help people stay connected to their friends at Headwaters, while also pursuing a job in the community that matches their skills and interests. We started the project with a group of seven people we serve at Headwaters and here's an update on their progress:

- All are participating in a variety of Discovery activities- interest and skill surveys exercises, business tours, etc.
- 1 person is taking pre-college classes in a program we helped develop with Nicolet College called Jump! Start
- 1 person is taking regular college classes at Nicolet College, working toward a career in IT
- 2 have jobs in the community- 1 is a newer job and the other person has had her job for a while, but is considering starting a small business focused on house cleaning
- 2 are actively looking for jobs in the community based on their interests and skills
- 1 other person is considering starting her own business to accommodate her going to Florida each winter with her family

We'll continue to keep you updated on how things are going with this and the other projects we're working on.



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Annual Golf Tournament



The Headwater's Inc. Foundation Annual Charity Golf Classic was held on August 15th at the Rhinelander Country Club. We could not have asked for nicer weather. 52 people took part in our golf tournament.

This tournament helped the Headwater's Foundation raise money for the expansion of the scholarship program to help provide funds to participants who are eligible for services at Headwater's who are unable to provide funding from other sources.

The scholarship program also helps to provide funds to some of our participants that would like to attend classes at Nicolet College but do not have the funds for the class. We would like to thank everyone that helped to make this a very successful golf tournament and if you were unable to make it this year we hope to see you in 2017.



Rhineland Oneida County Fair

Anniversaries

July

Terri M. 20 years
Matt A. 2 years

August

Deb W. 10 years
Jennifer F. 3 years

September

Kristine S. 10 years
Cory D. 14 years
Morgan H 2 years

Upcoming

Birthdays

Susan W 10/7
Todd N 10/11
Tom M 10/23
Andy M 10/27
Karl W 10/31
Bobbi Jo A 11/03
Marisa M 11/24
Alia R 11/29
Larry O 12/08
Joseph F 12/20
Robert S 12/21
Kristen D 12/22
Amy W 12/22
Lana H 12/23
Billie Jo S 12/25
Ken G 12/27
Holly R 12/28
Brian V 12/30
Jeremy D 12/30



Rose R.
Chocolate Cake from
Scratch



Bobbi Jo A.
Cookies



Jamie I.D
Crocheted Hat and Scarf

These ladies each entered an item into the fair contest.

Bobbi jo- 1st Place
Chocolate Chip Cookie Division

Jamie- 2nd Place
Crochet Division (hat and scarf)

Rose- 1st Place
Senior Cake Division
(was for taste only however
she decorated it too)

Jamie's Corner

Jamie talked to me last month and said that she had found some jokes for me to put in the newsletter, I told her that I would be happy to add them.

Hope they add a little laughter to your day.

Why do fish swim in salt water?
-Because pepper makes them sneeze.

Did you hear about the ice that lost it's job?
-It was crushed

What game do tornadoes like to play?
-Twister

What day of the week do fish hate the most?
-Friday



September is National Honey Month.

The National Honey Board started the awareness month because September marks the end of the bee keeping season. Honey has many uses to it in addition to being a natural sweetener.

With Autumn upon us it is good to know that honey is a natural throat soother. Honey has been used for centuries to help fight against symptoms of the common cold.

A 2007 study by a Penn State College of Medicine research team found that honey may offer parents an effective alternative to over-the-counter cough medicine. The study found that a small dose of buckwheat honey given before bedtime provided better relief of nighttime cough and sleep difficulty in children than no treatment or dextromethorphan (DM), a cough suppressant found in many over-the-counter cold medications.



October is:

National Disability Employment Awareness Month (NDEAM)

National Disability Employment awareness month dates back to 1945 when Congress declared the first week in October an important cause for developmentally challenged individuals. Observed in each October, NDEAM celebrates the contributions of workers with disabilities and educates about the value of a diverse workforce inclusive of their skills and talents.

There is a website that the United States Department of Labor (Office of Disability Employment Policy) that has information of the history and the resources on how to spread awareness of NDEAM.

<https://www.dol.gov/odep/topics/ndeam/>